

United Nations.
760 United Nations Plaza
Manhattan, New York City, New York 10017
United States.

Nederlandsche Overheid.
Tweede Kamer der Staten-Generaal
Postbus 20018
2500 EA Den Haag

Burgemester en Wethouders van Arnhem
Postbus 9029
6800 EL ARNHEM

Sender:

In regards to: observation of events.

Arnhem, 20 January 2020.

Hereby I will address my findings in an intermediate period between 2017 and 2019 that will list my observations of possible human rights violations.

I have found multiple violations of human rights on multiple avenues throughout society of which I was a witness. My general observation, is that, in the country I reside there are still serious and systematic violations of human rights and the lack of governmental influence in proactively preventing and stopping it adequately. Reporting of violations resulted in little to no tangible result as witnessed in private and in person.

Possible violations I observed:

1. Racism.

Racism seems to be increasing on all sides of the observed parties which is disheartening and seems to be systemic and is bordering on great complications. This “zeitgeist” is very powerful and impermeate all levels of society. So much so, that privately I almost felt “forced” to take a side. When I did not, or refused, I found tremendous and overwhelming social pressure, and consequently social isolation and

at times oppression and scapegoating. Attempts at quelling proved to be very difficult and affected my health substantially, especially mentally and spiritually. I have seen attempts of influencing and even provoke reactions in order to obtain a certain reaction, which felt demeaning and indignified. I have found that there were threats and attacks against my neighbors who are of color. One neighbor was attacked twice were people would knock on her window violently and intimidated her. Personally, I experienced similar situations where people (or neighbors, which has not been proven) would knock and slam on the walls repeatedly, which made me live in constant fear. I have found cases in which incitement has been a contributing factor. People even seem to be have been placed against one another deliberately to incite conflict. When reporting these issues with the housing board and the local council and government, no actions were taken despite sending countless letters and reports over 5 years of systemic violations. The media is partly responsible for allowing the racism divisiveness, as well are social media companies which drove conflict to boiling point, giving a platform, and did little to interfere and uphold human rights, nor did they promote them actively and quickly enough.

2. Sexism.

Sexism is a continual issue that is pressing and resulted in a rather overbearing situation. Both males and females were found actively and systematically at odds and at times violent to one another. There has been an increase in extremes and compensatory behavior on both sides. The media, again, gave a platform to this with little consideration of the rules of journalism: fact checking, neutrality and to avoid blending of opinion with the reporting of news. Compounding was the behavior of leaders, such as presidents of countries which added to the situation and made it “normal”. On a personal level, I found substantial pressure in my female role. Which is elaborated on, in the 3rd clause.

3. Genderism.

Over the years I experienced personal attacks on my gender, and especially of being transgender myself, which I found to be very hurtful and divisive. I have discovered attempts of my environment trying to force my gender back through all sorts of means: some through weak intimidation, other resorted to threats of violence, and even acts of terror: by threatening my peace and security in my own home. A few examples: I witnessed someone making threats to set my house on fire, another one told me they would blow up my house, another person threatened and intimidated me through many verbal threats and intimidation aimed at my home. People would shout slurs at me and told me “to go” and “to go away”. I was denied job positions, based upon gender and bias. When reporting it to the housing counsel and local government counsel, they did nothing to aid me nor provide remedy.

4. Abuses of power.

When I denied equal opportunity, it was also held as ransom against me: first opportunity is denied, then it is held against people in order to make them feel guilty, compounding the problem and may well spurring people on to act in ways that would prove the projected accusations and scapegoating of minority, I.e. backing someone into a corner to act out, which may be seen as incitement. The effects are mental and emotional torture, as there is no means of escape in a place of inequality. I have witnessed this not only against my person, I have seen it against other persons as well, to all minorities. Social exclusion was another way in which abuse of power was exerted on minorities, which can be seen as an act of passive aggressiveness. Despite the events I witnessed, there still is some cohesion and sense of community, but it is fragile and very brittle on all these issues. However, when entering into dialogue, there is little to no reciprocity or acceptance and this seems an ongoing problem. There have been observed cases where attempts were made to link me to events, even crimes to which I had no connection whatsoever.

Due to all the mentioned events, I have experienced and have witnessed similar effects in neighbors, the following results:

1. Mental problems

Which led to more than one case of psychosis due to extreme social pressures. Gaslighting and “crazy-making” attempts were also recorded and observed.

2. Constant sense of anxiety

Which exacerbated the problems. Verbal threats against my person were ongoing and made me feel unwelcome, unsafe and goes against all human dignity.

3. Psychic attacks.

I have witnessed many psychic attacks, and have proof of them on photograph and video. I was attacked at night, while sleeping and have been sent powerful spiritual forces that caused much mayhem in my life.

4. Dehumanization.

Attacks on dignity were observed and recorded, to the point of dehumanization and the dignity of life. At one point I felt forced to leave the city, leave the country and felt forced out.

On a global level I have seen the manipulation of media, news, promotion of fake news, tyrannical oppression by leaders and many attempts of influencing me to the point that it nearly succeeded. The zeitgeist was threatening and inhumane to minorities.

My proposed recommendations:

1. Continuing to make efforts in promoting harmony, peace and continue to find similarities instead of differences. Maintain a level of neutrality for all parties concerned is important. Personal responsibility should be highlighted.

2. Improvement of communication.

More direct communication between people is beneficial. In this digital world, few people directly communicate. This leads to suspicion, restraint-less accusations with little merit. Anonymity adds to ease of ad hominem attacks, which maybe abused. Fake news is also one of the greatest challenges of our time, especially in journalism.

3. Equal opportunity.

There should be more ways of promoting, sustaining and upholding equal opportunity for all regardless of sex, gender, color or political stance. Companies failing to comply with this should be made public for scrutiny.

4. Maintaining the Law.

Upholding the law is important to ensure stability of any country and community.

5. Adequate response and follow-up.

There should be adequate response by housing counsels, governments in case of breaches of peace and provide quick solutions to conflicts instead of letting conflict simmer, which results in more social and societal disharmony and prevents inflaming outcomes. Failing to guarantee peace is a direct violation, especially if it is sustained over a number of years. Punishment is not a way of solving issues for a long-term effect, rather, education and maintain talks should be the first effort.

Sincerely,

Alexandra van den Heetkamp.